



## DESERT MEDICAL REJUVENATION

### MEDICAL HISTORY FORM

#### COSMETIC HISTORY

Which of the following best describes your skin type? (Please circle one number type)

- I. Always burns, never tans
- II. Always burns, sometimes tans
- III. Sometimes burns, always tans
- IV. Rarely burns, always tans
- V. Brown, moderately pigmented skin
- VI. Black

#### ALLERGIES

Are you allergic to any medications? ( ) YES ( ) NO

If yes, please list: \_\_\_\_\_

Have you ever had an allergic reaction to any of the following? (Please check all that apply and describe the reaction you experienced)

( ) Food ( ) Latex ( ) Aspirin ( ) Lidocaine ( ) Hydrocortisone ( ) Hydroquinone or bleaching agents

Others: \_\_\_\_\_

#### MEDICATIONS

Please list all medications you are currently taking (including prescriptions, over-the-counter meds, and vitamins):

Prescriptions: \_\_\_\_\_

Over-the-counter: \_\_\_\_\_

What topical medications or creams are you currently using? ( ) Retin-A ( ) Others: \_\_\_\_\_

#### FOR FEMALE PATIENTS

Are you pregnant or trying to become pregnant? ( ) YES ( ) NO

Are you breastfeeding? ( ) YES ( ) NO

Are you using contraception? ( ) YES ( ) NO

Are you on hormones or hormone replacement therapy? ( ) YES ( ) NO



REVIEW OF SYSTEMS

Do you have now, or have you ever had any of the listed diseases or conditions? (Please check all that apply)

**DERMATOLOGY**

- oily skin
- dry skin
- red or brown spots
- fine lines/wrinkles
- sun damage

**GENERAL**

- diabetes
- reaction to antibiotics
- reaction to bandages
- anticoagulant daily

**ENDOCRINE**

- excessive sweating
- heat/cold intolerance

**MUSCULOSKELETAL**

- arthritis/joint deformity
- artificial joints

**GASTROENTEROLOGY**

- nausea
- vomiting
- gastro-intestinal problems

**PHYSIOLOGY**

- depressions
- suicidal thoughts
- mental or physical abuse
- mood swings
- obsessive-compulsive

**BLOOD/LYMPH**

- swollen glands
- fatigue
- varicose veins
- easy bruising
- bleed easily
- blood clots
- thyroid problems

**CARDIOLOGY**

- chest pain
- palpitations
- leg swelling
- heart attack
- high blood pressure
- pacemaker

**NEUROLOGY**

- headaches
- tingling/numbness
- seizures/dizziness

**RESPIRATORY**

- asthma
- chest tightness
- cough/wheezing
- bronchitis
- emphysema

BIOLOGICAL FAMILY HISTORY

DK= DON'T KNOW

Have any family members had the following?

- Tuberculosis  YES  NO  DK Who \_\_\_\_\_
- Heart disease (before 55 years old)  YES  NO  DK Who \_\_\_\_\_
- High cholesterol/takes cholesterol medication  YES  NO  DK Who \_\_\_\_\_
- Anemia  YES  NO  DK Who \_\_\_\_\_
- Bleeding disorder  YES  NO  DK Who \_\_\_\_\_
- Cancer or skin cancer (before 55 years old)  YES  NO  DK Who \_\_\_\_\_
- Liver disease  YES  NO  DK Who \_\_\_\_\_
- Kidney disease  YES  NO  DK Who \_\_\_\_\_
- Diabetes (before 55 years old)  YES  NO  DK Who \_\_\_\_\_
- Obesity  YES  NO  DK Who \_\_\_\_\_
- Epilepsy or convulsions  YES  NO  DK Who \_\_\_\_\_
- Alcohol abuse  YES  NO  DK Who \_\_\_\_\_
- Drug abuse  YES  NO  DK Who \_\_\_\_\_
- Mental illness/depression  YES  NO  DK Who \_\_\_\_\_
- Developmental disability  YES  NO  DK Who \_\_\_\_\_
- Immune problems, HIV, or AIDS  YES  NO  DK Who \_\_\_\_\_
- Tobacco use  YES  NO  DK Who \_\_\_\_\_
- Additional family history \_\_\_\_\_



**PAST MEDICAL HISTORY**

Are you currently under the care of a physician?  YES  NO If yes, for what? \_\_\_\_\_  
 Are you currently under the care of a dermatologist?  YES  NO If yes, for what? \_\_\_\_\_  
 Do you drink alcohol?  YES  NO If yes, how many per day? \_\_\_\_\_  
 Do you smoke?  YES  NO If yes, how many per day? \_\_\_\_\_  
 Have you ever been exposed to HIV (AIDS) or Hepatitis?  YES  NO  
 List any surgical procedures you have had in the past year: \_\_\_\_\_  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**History of:**

Asthma, bronchitis, bronchiolitis, or pneumonia  YES  NO  DK Explain \_\_\_\_\_  
 Any heart problem or heart murmur  YES  NO  DK Explain \_\_\_\_\_  
 Anemia or bleeding problem  YES  NO  DK Explain \_\_\_\_\_  
 Blood transfusion  YES  NO  DK Explain \_\_\_\_\_  
 HIV or sexual transmitted infections  YES  NO  DK Explain \_\_\_\_\_  
 Organ transplant  YES  NO  DK Explain \_\_\_\_\_  
 Malignancy/bone marrow transplant  YES  NO  DK Explain \_\_\_\_\_  
 Chemotherapy  YES  NO  DK Explain \_\_\_\_\_  
 Frequent abdominal pain  YES  NO  DK Explain \_\_\_\_\_  
 Constipation requiring doctor visits  YES  NO  DK Explain \_\_\_\_\_  
 Recurrent urinary tract infections and problems  YES  NO  DK Explain \_\_\_\_\_  
 Cancer or skin cancer?  YES  NO  DK Explain \_\_\_\_\_  
 Kidney disease or urologic malformations  YES  NO  DK Explain \_\_\_\_\_  
 Chronic or recurrent skin problems (e.g. acne, eczema)  YES  NO  DK Explain \_\_\_\_\_  
 Frequent headaches  YES  NO  DK Explain \_\_\_\_\_  
 Convulsions or other neurologic problems  YES  NO  DK Explain \_\_\_\_\_  
 Obesity  YES  NO  DK Explain \_\_\_\_\_  
 Diabetes  YES  NO  DK Explain \_\_\_\_\_  
 Thyroid or other endocrine problems  YES  NO  DK Explain \_\_\_\_\_  
 High blood pressure  YES  NO  DK Explain \_\_\_\_\_

I attest that the information I have provided above is correct, complete and current, realizing that the medical care provided to me may be based on this information.

PATIENT NAME: \_\_\_\_\_

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_